

Aftercare Procedure for Permanent Makeup

- **Keep the Area Clean:**
Gently wash the area with mild, unscented soap and water. Do not scrub the area or use harsh chemicals.
- **Avoid Picking or Scratching:**
Do not pick, scratch, or peel any scabs or flakes that form. Let them fall off naturally to prevent scarring.
- **Moisturize:**
Apply a thin layer of healing ointment or an unscented moisturizer recommended by the practitioner to keep the area hydrated. Avoid using petroleum-based products.
- **Avoid Sun Exposure:**
Keep the treated area out of direct sunlight. Apply a broad-spectrum sunscreen with SPF 30 or higher once the area is fully healed.
- **Avoid Swimming:**
Avoid swimming in pools, hot tubs, or any water bodies (e.g., lakes, oceans) until the area is fully healed to reduce the risk of infection.
- **No Excessive Sweating:**
Avoid activities that cause excessive sweating, such as intense exercise, for at least a week post-procedure.
- **Be Aware of Infection:**
Monitor the area for signs of infection, such as excessive redness, swelling, pus, or increased pain. If any of these symptoms appear, contact the practitioner immediately.
- **Sleep on a Clean Pillowcase:**
Change your pillowcase daily, especially during the first week of healing.
- **Avoid Tight Clothing on Treated Areas:**
Avoid clothing that may rub against or irritate the treated area (e.g., tight collars or hats) until fully healed.
- **Avoid Gardening and Animal Contact:**
 - Avoid gardening, working with soil, or coming into contact with dirt for at least 7-10 days, as bacteria from soil can lead to infection.
 - Limit contact with pets or animals, especially licking or touching the treated area, as animal saliva and fur can carry bacteria that may cause infection.

PLEASE SEEK MEDICAL CARE

If you have the following Signs and symptoms of infection, including, but not limited to, redness, swelling, tenderness of the procedure site, red streaks leading towards the heart, elevated body temperature, or purulent drainage from the procedure site.

- **Eyebrows/Lips/Eyeliner:**
Do not rub or pick at the treated area. Apply the recommended aftercare ointment to reduce discomfort and promote healing.
- **Use Clean Hands:**
Always wash your hands before touching the treated area to prevent introducing bacteria.